



The Capital Bicycle Racing Club (CBRC)  
Presents the 16<sup>th</sup> Annual



# NY Capital Region Road Race

Albany, New York

**Saturday, July 15, 2017**

Held under USA Cycling Permit 2017-1794



Supported by a grant  
from **nysbra**

**Registration:** Opens at 8:30am; ends 20 minutes before each race.  
<https://www.bikereg.com/Net/ny-capital-region-road-race>

**Course:** Rolling 20-mile loop, with several **steep** climbs (plus a 3-mile neutral start). Elevation gain is 1,500 feet per loop, maximum grade 16% (39x25 gearing recommended). Course is located 10 miles South of Albany, in Ravena, NY at the High School on Route 9W (1-mile north of Ravena).  
<http://ridewithgps.com/routes/1751659>

Race	Fee <sup>^</sup>	Start Time	Length	Prizes	Field Limit	Places
Pro/1/2/3	\$45	10:30 AM	4 laps, 83 miles	\$800	100	6
Men 40+ (Cat.1-4)	\$45	10:35 AM	3 laps, 63 miles	\$200	100	3
Men 50+ (Cat.1-4)				\$200		
Men Cat 3/4	\$45	10:40 AM	3 laps, 63 miles	\$400	100	5
Men Cat 4	\$45	10:45 AM	2 laps, 43 miles	\$200	100	3
Men 60+ (Cat. 1-4)	\$45			T-Shirts		3
Men Cat 5/Citizens	\$45	10:50 AM	2 laps, 43 miles	T-Shirts	75	3
Juniors* (15-18)	\$10					3
						3
Women Pro/1/2/3	\$45	10:55 AM	3 laps, 63 miles	\$800	75	6
Women 4/5	\$45	10:55 AM	2 laps, 43 miles	\$200		3

**Combined Fields (same start time)** have separate scoring and will close if combined field limit is reached.  
1-Day USAC racing license will be available for \$10. \*Juniors may also race by category (send promoter email).  
<sup>^</sup>\$55 Starting July 1. Day-of Registration is available for \$65 space permitting (\$20 Juniors).

**Directions:** **Ravena/Coeymans/Selkirk High School in Ravena, NY**

**Address:** **2025 Route 9W, Ravena, NY 12143**

**From the South:** Take I-87 North to Exit 21B, Coxsackie. Take Route 9W north for 8 miles (go 1-mile north of Ravena)

**From the North:** Take I-87 South to Exit 22, Selkirk. Turn right onto Route 144 South for ¼ mile; turn right onto Route 396/Maple Ave, continue through Selkirk, turn left onto Route 9W south for 3.5 miles (school is on right).

**From the West:** Take I-90 East towards Albany, than I-87 South to Exit 22, Selkirk. Turn right onto Route 144 South for ¼ mile; turn right onto Route 396/Maple Ave through Selkirk, turn left onto Route 9W south for 3.5 miles (school on right).

**From the East:** Take Mass Pike East (I-90) into New York; continue straight, following signs for I-87. Do **NOT** take Exit B1 (to Albany). Upon reaching I-87, take I-87 North for ½ mile to Exit 22, Selkirk. Turn right onto Route 144 South for ¼ mile; turn right onto Route 396/Maple Ave, continue through Selkirk, turn left onto Route 9W south for 3.5 miles.

**To Enter:** Pre-registration on <https://www.bikereg.com/Net/ny-capital-region-road-race>



**Staging:** All races have a 3 mile neutral start from the High School parking lot (included in race length).

**Rules:** All USAC Road Racing Rules apply (no aero-bars or sleeveless jerseys; helmets required).

**Questions:** Website <http://cbrc.cc> or Beth Ruiz at (518) 334-6058, [bmiller17@nycap.rr.com](mailto:bmiller17@nycap.rr.com)

Visit <http://cbrc.cc> for race map and guide